

**WEEKLY ACTIVITIES**

**MONDAY**

9.30am-10.30am

Exercise for the over 50's  
Gentle exercise with fun. A great way to start the week.

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6.30am – 8.00pm

Bluebell Meditation Group

A small, friendly group who meet together to practise Mindfulness and Meditation.

Meditation promotes health and wellbeing and is part of an holistic approach to a peaceful and calm mind. When practised regularly, it has been proven to calm stresses and reduce anxiety. For more information please contact Peter and Elspeth Davey: 07775691616 or e-mail [epd@internet.com](mailto:epd@internet.com).

**TUESDAY**

9.15am to 11.15am (Term Time)

Mother and Toddler Group

This Group provides a safe and friendly environment for mums/dads/carers and their children to make new friends. Come along and join in the fun. For more information please contact Suzie Fletcher on [revfletcher@me.com](mailto:revfletcher@me.com)

**WEDNESDAY**

8.45am to 2.30pm

Community Café

The café provides a variety of home-baking , weekly specials, breakfasts, teas, coffees and

much more. A great place for everyone in our community, and for visitors to the village, to catch up with friends and enjoy what we have on offer. The café is run by volunteers and we are always looking for more people to help with baking, making soup, cooking or serving. If you are interested in joining our happy band of volunteers, please contact [maggiemay5@hotmail.co.uk](mailto:maggiemay5@hotmail.co.uk). We are pleased to announce that our first Environmental Heath Inspection went very well and we will shortly be receiving our Pass Certificate which will be displayed in the kitchen. We had been awaiting this since our registration with Scottish Borders Council in March 2013 but we had been advised that they had bigger fish to fry before coming to us.

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7.00pm to 9.00pm

Bridge

Our friendly Bridge Club welcomes new players of all abilities.

**THURSDAY**

6.30pm to 7.15pm

Bokwa

A different class each week, run by Berwickshire Leisure.

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**COMPUTER BUDDYING**

Are you a confident computer user or is there something you are not quite sure how to do?

Perhaps you would like to know how to set up an e-mail account, add pictures to e-mails, create a contact list? Or perhaps you would like some advice on how to make a poster, or leaflets for your event? What about surfing the internet for information? Even setting up a simple Word Document may seem daunting.

With funding secured from Express Grants at Foundation Scotland for Wi-Fi connection and two laptops for hall users, we can offer informal instruction/friendly advice sessions with a computer buddy.

We are also offering specific training sessions on subjects such as designing a website, setting up an Excel spreadsheet, etc. All times are convenient to yourself and your buddy. Please contact Pauline Evans on 07427667103 to arrange your first 1-1 session.

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Our regular users include SWRI, Berwickshire Leisure, Community Café, Mother and Toddlers, Cockburnspath Gala, First Responders, Bluebell Meditation, Flower Show, Bridge and more .....

Please take a look around our website at [www.cockburnspathcove.wix.com/hall](http://www.cockburnspathcove.wix.com/hall) and contact us on [cockburnspathvillagehall@yahoo.co.uk](mailto:cockburnspathvillagehall@yahoo.co.uk) if we can help in any way.

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**THANKS**

The Village Hall Committee would like to take this opportunity to thank everyone who has in any way contributed to the ongoing success of the hall. Without our Community, and all your help, we would not have seen the Village Hall develop into what it is today.

# COCKBURNSPATH VILLAGE HALL

## AUTUMN 2014 NEWSLETTER

### **OCTOBER**

Saturday 18<sup>th</sup> October

7.00pm for 7.30pm

*'Rallying Round'*

*by Stewart Howson*

Old soldier Archie cons young Mo into giving him a lift ..... to Monte Carlo, even though Archie is pretty hazy about the route and even their destination. A rollicking new comedy drama about youth, age and two very different worlds colliding.

Tickets: £8 (including supper)

Licensed Bar from 6.30pm

### **NOVEMBER**

Saturday 8<sup>th</sup> November

10.00am to 3.00pm

*Autumn Fayre Fundraiser*

Come along and start your Christmas shopping early! As ever, there will be a wide range of stalls bringing a variety of crafts for you to browse. We will also be having a raffle, tombola and much more. The café will be open serving a range of homemade cakes, soup, sandwiches, teas, coffees.

Adults: £1 Children: 50p

To book a stall contact Jess on

[jessgray47@hotmail.com](mailto:jessgray47@hotmail.com)

Friday 14<sup>th</sup> November

7.00pm for 7.30pm

*'Notes from the Front'*

A workshop and performance in collaboration with the Forlorn Theatre Company. An ordinary soldier reflects on life through anecdote, poetry, prose and song, and attempts to show what makes men march to war, their hopes and fears and view on the routines of daily life as a soldier.

Tickets: £8 Bar from 6.30pm

### **DECEMBER**

Sunday 14<sup>th</sup> December

10.00am to 4.00pm

*Bluebell Meditation Group's Mindfulness Day.*

A day of calm in the midst of busy Christmas preparations. For more information please contact Peter and Elspeth Davey on 0775681616 or [epd@btinternet.com](mailto:epd@btinternet.com).

### **JANUARY 2015**

Sunday 4<sup>th</sup> January at 4.00pm

*'Rumplestiltskin'*

A family show for Christmas/Winter – performed in the Northumberland Theatre Company's inimitable style. The story of a boast that becomes a lie! The royal vaults, once full of gold, are now stuffed with straw .... The rain won't stop, the harvest is flattened and people are getting really cheesed off. Forced to do something about his miserable position, the King hears a rumour of a beautiful miller's daughter with magical powers. Will she be able to achieve his impossible tasks and make him rich again?

Tickets £5

**Tickets for all our shows are available NOW from the village shop, community café, committee members, by telephoning 01368 830482, by e-mail to [cockburnspathvillagehall@yahoo.co.uk](mailto:cockburnspathvillagehall@yahoo.co.uk) or on the door.**

Saturday 17<sup>th</sup> January at 7pm

Pop up Pub and Quiz Night

Come along to the first Pop up Pub of 2015 and bring along a team of four to enter the Quiz. Entry £4 per team. For more information and to book a team, please phone Sally on 01368-830482 or pick up entry form from the village shop.

### **VILLAGERS' REQUESTS**

As a result of completed questionnaires collected after events, and a village-wide survey, we have compiled a list of requests from locals as to what they would like to see happening in the village Hall:-

- Film afternoons and evenings
- Additional exercise classes
- Regular craft sessions
- Pop up Pub
- Youth Club
- Badminton sessions
- Picture rail for exhibitions
- Solar panels

Over the past 18 months the Village Hall has made great strides towards the upgrading and provision of new equipment in the village hall, e.g.

- Acoustic Panels
- Wi-fi and two laptops
- Weekly Community Café
- Bookstall

### **HOW IMPORTANT IS OUR VILLAGE HALL?**

We believe that the hall is very important as it can be used in a very flexible way. We offer a range of flexible spaces:

- an inner foyer with space for a welcome desk and display panels
  - large committee, meeting or café area
  - large airy main hall
  - well equipped kitchen
  - accessible toilet and baby changing room
  - Two shower rooms
  - Disabled Access - hearing loop
  - chairs and tables - staging
  - Badminton court - Projector
  - Parking for 16 cars
- The V/Hall is a stunning venue for:
- Music & all performing arts
  - Wedding receptions and other functions
  - Conferences and corporate event
  - Ceilidhs, parties, celebrations
  - Fundraising events
  - Training courses
  - Youth Groups
  - Film nights